

4. Erbacher Volks-Duathlon

am 11. Juni 2005

Volks-Duathlon

4,5 km / 24 km / 4,5 km

ERGEBNISLISTE

Plz	SNr	Name	Vorname	Verein	JG	AK	AKPl	1. Lauf	Rad	2. Lauf	Endzeit
1.	21	Schneider	Ralf	Ejot Team Buschütten	65	TM40	1.	00:14:48	00:40:12	00:15:37	01:10:37
2.	27	Meyer	Peter	RSV Daadetal	64	TM40	2.	00:15:00	00:41:54	00:15:24	01:12:18
3.	151	Hintz	Thomas	RSV Daadetal	66	TM35	1.	00:15:30	00:41:43	00:17:00	01:14:13
4.	154	Heine	Timo	Tri Flow Bad Endbach	74	TM30	1.	00:15:32	00:42:32	00:16:31	01:14:35
5.	153	Leins	Sebastian	Kölner Triathlon-Team 01	82	TM20	1.	00:15:45	00:43:18	00:15:43	01:14:46
6.	1	Schöpke	Gerhard	Triathlon Wetterau	72	TM30	2.	00:15:17	00:43:36	00:16:13	01:15:06
7.	150	Stühn	Roy	TV Solchendorf	70	TM35	2.	00:15:46	00:43:13	00:16:48	01:15:47
8.	149	Korth	Matthias	SVS Emmerzhausen	64	TM40	3.	00:15:37	00:45:30	00:16:03	01:17:10
9.	152	Ettler	Manuel	TV Eichen	78	TM25	1.	00:00:00	01:00:57	00:16:17	01:17:14
10.	168	Weindorf	Matthias		79	TM25	2.	00:00:00	01:01:21	00:16:19	01:17:40
11.	145	Völkel	Torsten	Team DigiTools Software	72	TM30	3.	00:16:34	00:43:39	00:17:33	01:17:46
12.	101	Steup	Michael	SVS Emmerzhausen	68	TM35	3.	00:16:33	00:44:38	00:17:01	01:18:12
12.	147	Lunar	Conrad	RSV Nassau-Oranien	83	TM20	2.	00:16:03	00:44:18	00:17:51	01:18:12
14.	132	Wiederstein	Matthias	SVS Emmerzhausen	72	TM30	4.	00:16:28	00:45:26	00:16:22	01:18:16
15.	124	Lenz	Hendrik	RSV Daaden	78	TM25	3.	00:16:21	00:44:58	00:17:04	01:18:23
16.	38	Schütz	Manuel	RSV Daadetal	79	TM25	4.	00:15:50	00:46:45	00:16:03	01:18:38
17.	144	Zerbin	Dieter	TV Rosbach	57	TM45	1.	00:16:53	00:45:05	00:16:59	01:18:57
18.	162	Seelbach	Knut	SG Niederhausen- Birkenbeul	74	TM30	5.	00:15:14	00:47:42	00:16:02	01:18:58
19.	148	Burghaus	Ludger	SG Wenden	60	TM45	2.	00:16:23	00:45:49	00:16:47	01:18:59
20.	136	Schmidt	Andre	SVS Emmerzhausen	69	TM35	4.	00:16:36	00:45:07	00:17:32	01:19:15
21.	35	Weber	Michael	BSG Degussa	71	TM30	6.	00:16:30	00:45:01	00:18:14	01:19:45
22.	137	Schneider	Thomas	SV Niedererbach	71	TM30	7.	00:16:49	00:45:36	00:17:22	01:19:47
23.	129	Mokry	Harald	TV Rosbach	60	TM45	3.	00:16:28	00:46:19	00:17:07	01:19:54
24.	121	Meyer	Helmut	RSV Daadetal	58	TM45	4.	00:17:23	00:43:18	00:19:19	01:20:00
25.	140	Schneider	Peter	TUS Nister	71	TM30	8.	00:17:24	00:44:16	00:18:23	01:20:03
26.	146	Wagner	Christian	VSG Alsdorf	76	TM25	5.	00:17:16	00:44:23	00:18:33	01:20:12
27.	138	Reuber	Thomas	TUS Honigsessen	63	TM40	4.	00:17:02	00:46:00	00:17:26	01:20:28
28.	178	Stücker	Jochen	EJOT Team Buschütten	71	TM30	9.	00:16:30	00:47:16	00:16:49	01:20:35
29.	39	Kaster	Patrick	Team Active Bonn	77	TM25	6.	00:17:00	00:46:28	00:17:12	01:20:40
30.	139	Seifer	Bernhard	DJK Marienstatt	61	TM40	5.	00:16:51	00:46:17	00:17:46	01:20:54

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Plz	SNr	Name	Vorname	Verein	JG	AK	AKPl	1. Lauf	Rad	2. Lauf	Endzeit
31.	133	Schütz	Roland	WSG Bad Marienberg	54	TM50	1.	00:17:16	00:45:52	00:17:47	01:20:55
32.	134	Büdenbender	Uwe	VFL Kirchen	58	TM45	5.	00:16:07	00:47:40	00:17:13	01:21:00
33.	33	Schütz	Jörg	DJK Marienstatt	66	TM35	5.	00:17:04	00:45:44	00:18:18	01:21:06
34.	47	Schulz-Nigmann	Lüder	Tri Equipe Elz	73	TM30	10.	00:17:17	00:46:25	00:17:47	01:21:29
35.	118	de Nichilo	Mario	DJK Fensdorf	69	TM35	6.	00:17:24	00:46:52	00:17:25	01:21:41
36.	142	Cordes	Gerhard	TV Fredeburg	55	TM50	2.	00:16:59	00:47:13	00:17:35	01:21:47
37.	128	Holthaus	Roman	LG Gummersbach	54	TM50	3.	00:16:27	00:48:26	00:17:13	01:22:06
38.	181	Göbel	Volker	LT-Schwerte Sechshelden	67	TM35	7.	00:17:13	00:47:18	00:17:42	01:22:13
39.	44	Uher	Vincent	Vorwärts Orient Mainz	84	TM20	3.	00:16:25	00:49:12	00:16:39	01:22:16
40.	22	Schulze	Kai	RSV Daadetal	65	TM40	6.	00:18:21	00:44:33	00:20:01	01:22:55
41.	17	Braun	Franz-Josef	Vorwärts Orient Mainz	53	TM50	4.	00:17:16	00:47:24	00:18:40	01:23:20
42.	182	Meurer	Michael	LT Dreikirchen	73	TM30	11.	00:17:26	00:47:53	00:18:03	01:23:22
43.	117	Klein	Werner	Birken-Honigsessen	58	TM45	6.	00:16:49	00:49:28	00:17:47	01:24:04
44.	143	Schneider	Hans	FSV Kroppach	64	TM40	7.	00:17:24	00:48:02	00:18:50	01:24:16
45.	114	Cordes	Ursula	TV Fredeburg	60	TW45	1.	00:18:42	00:47:17	00:18:42	01:24:41
46.	127	Lenz	Guido	TV Rosbach	65	TM40	8.	00:18:26	00:46:44	00:19:34	01:24:44
47.	130	Lagershausen	Michael	SRS PRO SPORTLER	69	TM35	8.	00:18:28	00:47:09	00:19:27	01:25:04
48.	120	Schröder	Dieter	Koblenz	62	TM40	9.	00:18:20	00:48:04	00:18:45	01:25:09
49.	107	Jumel	Thomas	DJK Marienstatt	63	TM40	10.	00:17:13	00:50:00	00:17:57	01:25:10
50.	122	Böcking	Werner	RSV Daadetal	60	TM45	7.	00:17:59	00:47:39	00:19:45	01:25:23
51.	113	Hehner	Anna	TV Rosbach	79	TW25	1.	00:17:48	00:48:51	00:18:45	01:25:24
52.	108	Giehl	Caprice	DJK Marienstatt	82	TW20	1.	00:18:09	00:48:03	00:19:30	01:25:42
53.	123	Seibert	Rudolf	DJK Marienstatt	59	TM45	8.	00:17:20	00:49:56	00:18:43	01:25:59
54.	10	Rodina	Tobias	DLRG Altenkirchen	87	M/JUNIOREN	1.	00:17:12	00:49:20	00:19:33	01:26:05
55.	169	Blechinger	Heinrich	Turbo-Schnecken Lüdenscheid	54	TM50	5.	00:17:14	00:51:24	00:17:37	01:26:15
55.	116	Lautwein	Teresa	VFL Kirchen	84	TW20	2.	00:19:04	00:46:59	00:20:12	01:26:15
57.	41	Kirchner	Thomas	BF Savate Aachen	80	TM25	7.	00:17:25	00:51:18	00:17:45	01:26:28
58.	135	Engers	Jens	SV Niedererbach	77	TM25	8.	00:18:01	00:50:28	00:18:34	01:27:03
59.	45	Thomas	Christian	Koblenz	81	TM20	4.	00:21:09	00:44:45	00:21:12	01:27:06

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60.	125	Heibel	Sebastian	RSG Montabaur	89	M/JUGEND A	1.	00:16:47	00:48:48	00:21:46	01:27:21
61.	26	Schmaus	Marc	LC 80 Bad Kreuznach	65	TM40	11.	00:18:11	00:50:05	00:19:12	01:27:28
62.	32	Dewald	Achim	Atlas Sports Bad Marienberg	68	TM35	9.	00:17:46	00:50:56	00:19:00	01:27:42
63.	93	Krah	Bianca	Sieger Team TVE Netphen/TV-Sal	69	TW35	1.	00:18:23	00:49:49	00:19:35	01:27:47
64.	15	Zeh	Ernst	RV 1899 Hochheim	41	TM60	1.	00:20:03	00:47:04	00:20:43	01:27:50
65.	177	Schäfer	Joachim		66	TM35	10.	00:18:30	00:48:52	00:20:29	01:27:51
66.	88	Klößner	Manuel	Hobby Club Giesenhausen	83	TM20	5.	00:18:38	00:50:02	00:19:27	01:28:07
67.	106	Schneider	Wolfgang	SV Niedererbach	55	TM50	6.	00:19:34	00:49:05	00:19:46	01:28:25
68.	80	Hering	Markus	Mudersbach	70	TM35	11.	00:19:13	00:48:50	00:20:39	01:28:42
69.	126	Kötting	Ulrich	VSG Alsdorf	60	TM45	9.	00:18:21	00:51:18	00:19:07	01:28:46
70.	23	Diehl	Mario	CCRB	63	TM40	12.	00:19:05	00:49:01	00:21:01	01:29:07
70.	28	Müller	Markus	WSG Bad Marienberg	65	TM40	13.	00:17:55	00:51:30	00:19:42	01:29:07
72.	156	Bell	Eckhard	TUS Nister	58	TM45	10.	00:19:02	00:49:55	00:20:25	01:29:22
73.	109	Wassermann	Andreas	SV Niedererbach	84	TM20	6.	00:00:00	01:11:03	00:18:51	01:29:54
74.	115	Damm	Karl-Heinz	WSG Bad Marienberg	46	TM55	1.	00:18:50	00:51:17	00:20:11	01:30:18
75.	141	Redmer	Sascha	Tria-Equipe-Elz	70	TM35	12.	00:18:10	00:51:45	00:20:27	01:30:22
76.	16	Basseng	Wilfried	TV Refrath	54	TM50	7.	00:16:59	00:56:05	00:17:21	01:30:25
77.	40	Prümm	Manuel	DJK Rosenheim	76	TM25	9.	00:18:56	00:50:28	00:21:11	01:30:35
78.	24	Dr. Gerhardus	Joerg	Hachenburg	62	TM40	14.	00:17:32	00:53:33	00:19:39	01:30:44
79.	175	Brenk	Sebastian	LT Alpenrod-Lachum	86	M/JUNIOREN	2.	00:19:35	00:51:42	00:20:04	01:31:21
80.	99	Asbach	Sören	SC Wissen/ DigiTools Software	67	TM35	13.	00:19:21	00:50:12	00:22:16	01:31:49
81.	91	Schmidt	Angela	TV Rosbach	56	TW45	2.	00:18:51	00:53:08	00:19:54	01:31:53
82.	112	Wick	Wolfgang	SV Schönenbach	56	TM45	11.	00:19:20	00:52:20	00:20:20	01:32:00
83.	100	Stumpf	Patrick	RSV Daadetal	87	M/JUNIOREN	3.	00:19:53	00:51:45	00:20:35	01:32:13
84.	165	Krause	Alexandra	TSV Rönsahl	74	TW30	1.	00:18:19	00:55:20	00:18:40	01:32:19
85.	171	Pritz	Nikolaus	LTV 1861 Lüdenscheid	51	TM50	8.	00:19:54	00:51:19	00:21:08	01:32:21
86.	105	Lingenbrink	Jürgen	SV Niedererbach	59	TM45	12.	00:20:22	00:50:40	00:21:26	01:32:28
87.	13	Huhn	Paul	Spfr. Mastershausen	32	TM70	1.	00:20:38	00:50:40	00:21:18	01:32:36

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Plz	SNr	Name	Vorname	Verein	JG	AK	AKPl	1. Lauf	Rad	2. Lauf	Endzeit
88.	82	Keller	Marcus	SC Wissen	61	TM40	15.	00:20:06	00:51:43	00:20:52	01:32:41
89.	29	Schneider	Detlev	Colognerunners	65	TM40	16.	00:20:00	00:52:36	00:20:20	01:32:56
90.	3	Ritschel	Anja	Vorwärts Orient Mainz	46	TW55	1.	00:19:24	00:53:34	00:20:01	01:32:59
91.	98	Faber	Karl-Heinz	Hau-Rein Team Neuwied	53	TM50	9.	00:20:29	00:52:17	00:20:50	01:33:36
92.	11	Mischlich	Petra	DJK Marienstadt	67	TW35	2.	00:19:56	00:50:41	00:23:06	01:33:43
93.	94	König	Gerhard	WSG Bad Marienberg	54	TM50	10.	00:19:59	00:51:56	00:21:49	01:33:44
94.	84	Hüllpüsch	Otmar	ASG Altenkirchen	56	TM45	13.	00:17:53	00:57:31	00:18:49	01:34:13
95.	31	Schütthof	Michael	TV Rosbach	61	TM40	17.	00:20:58	00:51:01	00:22:27	01:34:26
96.	6	Litzenburger	Beate	Aachener SV	80	TW25	2.	00:20:11	00:52:48	00:21:31	01:34:30
97.	87	Keht	Oliver	Lauftreff Morsbach	70	TM35	14.	00:19:13	00:54:46	00:20:32	01:34:31
98.	73	Schmid	Carola	SV Niedererbach	80	TW25	3.	00:20:19	00:52:22	00:21:51	01:34:32
99.	92	Lautwein	Ulrike	VFL Kirchen	56	TW45	3.	00:21:13	00:51:19	00:22:05	01:34:37
100.	85	Hertel	Michael	Die Invaliden	60	TM45	14.	00:19:29	00:53:35	00:21:53	01:34:57
101.	174	Schäfer	Bruno	SC Wissen	59	TM45	15.	00:18:57	00:54:28	00:21:48	01:35:13
102.	42	Klein	Florian	TM Hirtscheid	81	TM20	7.	00:20:11	00:54:26	00:20:48	01:35:25
103.	159	Loock	Bernd	RWE BSG EW Siegerland	53	TM50	11.	00:20:48	00:51:19	00:23:23	01:35:30
104.	67	Limbach	Gerhard	Marathon Team Die Continentale	59	TM45	16.	00:19:47	00:55:24	00:20:24	01:35:35
105.	103	Dönges	Volker	Gieleroth	57	TM45	17.	00:21:37	00:52:07	00:22:06	01:35:50
106.	161	Alhäuser	Thorsten	RSV Daadetal	71	TM30	12.	00:20:39	00:51:42	00:23:35	01:35:56
107.	179	Reider	Herber	SG Niederh.-Birkenbeul	37	TM65	1.	00:20:49	00:54:00	00:21:14	01:36:03
108.	14	Meitzner	Wilfried	TSV Bonn rrh.	43	TM60	2.	00:22:52	00:49:55	00:23:33	01:36:20
109.	81	Nöller	Maik	WW Radsportfreunde	71	TM30	13.	00:21:59	00:49:35	00:24:50	01:36:24
110.	51	Höfer	Ansgar Sören	RSV Daadetal	91	M/JUGEND B	1.	00:20:11	00:56:18	00:20:40	01:37:09
111.	83	Schnell	Rudolf	DJK Marienstadt	39	TM65	2.	00:20:03	00:55:14	00:22:13	01:37:30
112.	95	Ettler	Werner	TV Eichen	51	TM50	12.	00:20:41	00:53:18	00:23:48	01:37:47
113.	160	Stahlhofen	Gerd	RSG Montabaur	52	TM50	13.	00:21:04	00:54:09	00:22:44	01:37:57
114.	4	Hoff	Christian	Team Africa	75	TM30	14.	00:20:51	00:53:07	00:24:17	01:38:15
115.	164	Kassebeer	Boris	SV Esperke	80	TM25	10.	00:21:18	00:54:26	00:23:04	01:38:48
116.	12	Schmitt	Jan	Athletic-Team Wittlich	91	M/JUGEND B	2.	00:19:31	00:56:52	00:22:34	01:38:57

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117.	176	Heine	Ronald	Radsportfreunde- Wallmenroth	49	TM55	2.	00:21:44	00:53:49	00:23:28	01:39:01
118.	79	Birkenbeul	Henning	TUS Hachenburg	76	TM25	11.	00:17:29	00:57:54	00:23:44	01:39:07
119.	173	Wagner	Christian	SV-Niedererbach	81	TM20	8.	00:20:22	00:56:06	00:22:45	01:39:13
120.	102	Otten	Ingo	Triathlon-Equipe-Elz	70	TM35	15.	00:19:04	00:57:13	00:23:24	01:39:41
121.	66	Giehl	Gaby	DJK Marienstatt	55	TW50	1.	00:20:43	00:57:08	00:22:25	01:40:16
122.	180	Krämer	Reinhold	BBS Wissen	54	TM50	14.	00:21:20	00:56:44	00:22:40	01:40:44
123.	54	Jung	Patrick	VFL Hamm	89	M/JUGEND A	2.	00:17:54	01:00:24	00:22:41	01:40:59
124.	61	Drumm	Harald	SV Niedererbach	74	TM30	15.	00:22:07	00:54:23	00:24:45	01:41:15
125.	49	Pflicht	Jana	ASG Altenkirchen	88	W/JUGEND A	1.	00:20:18	00:59:07	00:22:08	01:41:33
126.	77	Vorspohl	Wolfgang	SSV Almersbach Fluterschen	57	TM45	18.	00:20:46	00:58:42	00:22:25	01:41:53
127.	68	Höfer	Frank	RSV Daadetal	60	TM45	19.	00:21:47	00:56:53	00:23:58	01:42:38
128.	72	Wick	Dirk	SG Altenkirchen	62	TM40	18.	00:24:13	00:55:40	00:25:00	01:44:53
129.	86	Ständer	Gerhard	Leverkusen	50	TM55	3.	00:23:08	00:57:34	00:25:21	01:46:03
130.	9	Schneider	Jens	Ingelbach	75	TM30	16.	00:23:17	00:58:44	00:24:46	01:46:47
131.	64	Neschen	Julia	SV Niedererbach	86	W/JUNIOREN	1.	00:24:01	00:57:19	00:25:35	01:46:55
132.	25	Frey	Bernd	WWNM	63	TM40	19.	00:22:29	01:00:45	00:23:58	01:47:12
133.	90	Feckler	Jörg	TuS Friedewald	62	TM40	20.	00:22:00	00:58:43	00:26:42	01:47:25
134.	5	Aboulzahab	Nadja	CCRB	67	TW35	3.	00:22:20	00:59:42	00:25:53	01:47:55
135.	18	Bernard	Johann	ASC Schmallenberg	54	TM50	15.	00:21:02	01:05:18	00:21:56	01:48:16
136.	76	Jung	Gerd Joachim	DJK Betzdorf	50	TM55	4.	00:23:59	00:57:38	00:26:57	01:48:34
137.	58	Kremer	Franz- Josef		52	TM50	16.	00:24:57	00:55:45	00:27:57	01:48:39
138.	65	Jung	Volker	SV Niedererbach	64	TM40	21.	00:23:37	00:59:10	00:26:00	01:48:47
139.	74	Heibel	Jürgen	SV Staudt	62	TM40	22.	00:22:23	01:01:53	00:24:57	01:49:13
140.	69	Düngen	Rainer	SV Niedererbach	56	TM45	20.	00:24:25	00:58:46	00:26:05	01:49:16
141.	55	Betz	Michael	Atlas Sports Bad Marienberg	70	TM35	16.	00:25:00	00:55:29	00:28:48	01:49:17
142.	53	Feckler	Ann- Kathrin	TuS Friedewald	89	W/JUGEND A	2.	00:24:03	00:58:34	00:26:50	01:49:27

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143.	56	Dahm	Sarah	Strickhausen	88	W/JUGEND A	3.	00:22:54	01:02:00	00:25:18	01:50:12
144.	111	Schneider	Uli	SV Niedererbach	57	TM45	21.	00:26:12	01:03:03	00:24:02	01:53:17
145.	62	Siedler	Simone	Hilgenroth	64	TW40	1.	00:22:54	01:07:28	00:23:14	01:53:36
146.	50	Olberz	Darshan	SV Niedererbach	91	M/JUGEND B	3.	00:19:43	01:09:40	00:27:09	01:56:32
147.	63	Schneider	Daniel	SV Niedererbach	79	TM25	12.	00:25:53	01:03:25	00:27:35	01:56:53
148.	60	Jung	Dirk	SV Niedererbach	69	TM35	17.	00:24:30	01:07:27	00:26:28	01:58:25
149.	59	Becker- Eitelberg	Dagmar	Volkerzen	67	TW35	4.	00:24:33	01:07:28	00:26:27	01:58:28
150.	2	Meitzner	Gisela	TSV Bonn rrrh.	46	TW55	2.	00:25:03	01:05:12	00:28:28	01:58:43
151.	57	Pohle	Andreas	Selbach	61	TM40	23.	00:24:17	01:05:32	00:29:17	01:59:06
152.	8	Bell	Christian	Ausdauer Sport Club- Schmallen	32	TM70	2.	00:27:13	01:04:34	00:27:23	01:59:10
153.	163	Stein	Ralf	SV Niedererbach	62	TM40	24.	00:29:24	01:01:53	00:34:38	02:05:55
154.	52	Parting	Jan	Sportfreunde Ingelbach	91	M/JUGEND B	4.	00:24:13	01:12:55	00:33:24	02:10:32
155.	170	Pritz	Nicole	LTV 1861 Lüdenscheid	77	TW25	4.	00:29:07	00:00:00	01:48:59	02:18:06
	158	Bell	Jennifer	TUS Nister	89	W/JUGEND A		00:26:14	00:37:06	00:00:00	Disqualifiziert
	157	Bell	Christin	TUS Nister	91	W/JUGEND B		00:24:12	00:39:36	00:00:00	Disqualifiziert