

### Athletic-Team Wittlich - Tempotabelle

30	50	60	75	80	100	200	300	400	500	600	700	800	900	1000	1500	2000	3000	5000
3,60	6,00	7,20	9,00	9,60	<b>12,00</b>	24,00	36,00	48,00	01:00,0	01:12,0	01:24,0	01:36,0	01:48,0	02:00,0	03:00,0	04:00,0	06:00,0	10:00,0
3,75	6,25	7,50	9,38	10,00	<b>12,50</b>	25,00	37,50	50,00	01:02,5	01:15,0	01:27,5	01:40,0	01:52,5	02:05,0	03:07,5	04:10,0	06:15,0	10:25,0
3,90	6,50	7,80	9,75	10,40	<b>13,00</b>	26,00	39,00	52,00	01:05,0	01:18,0	01:31,0	01:44,0	01:57,0	02:10,0	03:15,0	04:20,0	06:30,0	10:50,0
4,05	6,75	8,10	10,13	10,80	<b>13,50</b>	27,00	40,50	54,00	01:07,5	01:21,0	01:34,5	01:48,0	02:01,5	02:15,0	03:22,5	04:30,0	06:45,0	11:15,0
4,20	7,00	8,40	10,50	11,20	<b>14,00</b>	28,00	42,00	56,00	01:10,0	01:24,0	01:38,0	01:52,0	02:06,0	02:20,0	03:30,0	04:40,0	07:00,0	11:40,0
4,35	7,25	8,70	10,88	11,60	<b>14,50</b>	29,00	43,50	58,00	01:12,5	01:27,0	01:41,5	01:56,0	02:10,5	02:25,0	03:37,5	04:50,0	07:15,0	12:05,0
4,50	7,50	9,00	11,25	12,00	<b>15,00</b>	30,00	45,00	01:00,0	01:15,0	01:30,0	01:45,0	02:00,0	02:15,0	02:30,0	03:45,0	05:00,0	07:30,0	12:30,0
4,65	7,75	9,30	11,63	12,40	<b>15,50</b>	31,00	46,50	01:02,0	01:17,5	01:33,0	01:48,5	02:04,0	02:19,5	02:35,0	03:52,5	05:10,0	07:45,0	12:55,0
4,80	8,00	9,60	12,00	12,80	<b>16,00</b>	32,00	48,00	01:04,0	01:20,0	01:36,0	01:52,0	02:08,0	02:24,0	02:40,0	04:00,0	05:20,0	08:00,0	13:20,0
4,95	8,25	9,90	12,38	13,20	<b>16,50</b>	33,00	49,50	01:06,0	01:22,5	01:39,0	01:55,5	02:12,0	02:28,5	02:45,0	04:07,5	05:30,0	08:15,0	13:45,0
5,10	8,50	10,20	12,75	13,60	<b>17,00</b>	34,00	51,00	01:08,0	01:25,0	01:42,0	01:59,0	02:16,0	02:33,0	02:50,0	04:15,0	05:40,0	08:30,0	14:10,0
5,25	8,75	10,50	13,13	14,00	<b>17,50</b>	35,00	52,50	01:10,0	01:27,5	01:45,0	02:02,5	02:20,0	02:37,5	02:55,0	04:22,5	05:50,0	08:45,0	14:35,0
5,40	9,00	10,80	13,50	14,40	<b>18,00</b>	36,00	54,00	01:12,0	01:30,0	01:48,0	02:06,0	02:24,0	02:42,0	03:00,0	04:30,0	06:00,0	09:00,0	15:00,0
5,55	9,25	11,10	13,88	14,80	<b>18,50</b>	37,00	55,50	01:14,0	01:32,5	01:51,0	02:09,5	02:28,0	02:46,5	03:05,0	04:37,5	06:10,0	09:15,0	15:25,0
5,70	9,50	11,40	14,25	15,20	<b>19,00</b>	38,00	57,00	01:16,0	01:35,0	01:54,0	02:13,0	02:32,0	02:51,0	03:10,0	04:45,0	06:20,0	09:30,0	15:50,0
5,85	9,75	11,70	14,63	15,60	<b>19,50</b>	39,00	58,50	01:18,0	01:37,5	01:57,0	02:16,5	02:36,0	02:55,5	03:15,0	04:52,5	06:30,0	09:45,0	16:15,0
6,00	10,00	12,00	15,00	16,00	<b>20,00</b>	40,00	01:00,0	01:20,0	01:40,0	02:00,0	02:20,0	02:40,0	03:00,0	03:20,0	05:00,0	06:40,0	10:00,0	16:40,0
6,15	10,25	12,30	15,38	16,40	<b>20,50</b>	41,00	01:01,5	01:22,0	01:42,5	02:03,0	02:23,5	02:44,0	03:04,5	03:25,0	05:07,5	06:50,0	10:15,0	17:05,0
6,30	10,50	12,60	15,75	16,80	<b>21,00</b>	42,00	01:03,0	01:24,0	01:45,0	02:06,0	02:27,0	02:48,0	03:09,0	03:30,0	05:15,0	07:00,0	10:30,0	17:30,0
6,45	10,75	12,90	16,13	17,20	<b>21,50</b>	43,00	01:04,5	01:26,0	01:47,5	02:09,0	02:30,5	02:52,0	03:13,5	03:35,0	05:22,5	07:10,0	10:45,0	17:55,0
6,60	11,00	13,20	16,50	17,60	<b>22,00</b>	44,00	01:06,0	01:28,0	01:50,0	02:12,0	02:34,0	02:56,0	03:18,0	03:40,0	05:30,0	07:20,0	11:00,0	18:20,0
6,75	11,25	13,50	16,88	18,00	<b>22,50</b>	45,00	01:07,5	01:30,0	01:52,5	02:15,0	02:37,5	03:00,0	03:22,5	03:45,0	05:37,5	07:30,0	11:15,0	18:45,0
6,90	11,50	13,80	17,25	18,40	<b>23,00</b>	46,00	01:09,0	01:32,0	01:55,0	02:18,0	02:41,0	03:04,0	03:27,0	03:50,0	05:45,0	07:40,0	11:30,0	19:10,0
7,05	11,75	14,10	17,63	18,80	<b>23,50</b>	47,00	01:10,5	01:34,0	01:57,5	02:21,0	02:44,5	03:08,0	03:31,5	03:55,0	05:52,5	07:50,0	11:45,0	19:35,0
7,20	12,00	14,40	18,00	19,20	<b>24,00</b>	48,00	01:12,0	01:36,0	02:00,0	02:24,0	02:48,0	03:12,0	03:36,0	04:00,0	06:00,0	08:00,0	12:00,0	20:00,0
7,35	12,25	14,70	18,38	19,60	<b>24,50</b>	49,00	01:13,5	01:38,0	02:02,5	02:27,0	02:51,5	03:16,0	03:40,5	04:05,0	06:07,5	08:10,0	12:15,0	20:25,0
7,50	12,50	15,00	18,75	20,00	<b>25,00</b>	50,00	01:15,0	01:40,0	02:05,0	02:30,0	02:55,0	03:20,0	03:45,0	04:10,0	06:15,0	08:20,0	12:30,0	20:50,0
7,65	12,75	15,30	19,13	20,40	<b>25,50</b>	51,00	01:16,5	01:42,0	02:07,5	02:33,0	02:58,5	03:24,0	03:49,5	04:15,0	06:22,5	08:30,0	12:45,0	21:15,0
7,80	13,00	15,60	19,50	20,80	<b>26,00</b>	52,00	01:18,0	01:44,0	02:10,0	02:36,0	03:02,0	03:28,0	03:54,0	04:20,0	06:30,0	08:40,0	13:00,0	21:40,0
7,95	13,25	15,90	19,88	21,20	<b>26,50</b>	53,00	01:19,5	01:46,0	02:12,5	02:39,0	03:05,5	03:32,0	03:58,5	04:25,0	06:37,5	08:50,0	13:15,0	22:05,0
8,10	13,50	16,20	20,25	21,60	<b>27,00</b>	54,00	01:21,0	01:48,0	02:15,0	02:42,0	03:09,0	03:36,0	04:03,0	04:30,0	06:45,0	09:00,0	13:30,0	22:30,0
8,25	13,75	16,50	20,63	22,00	<b>27,50</b>	55,00	01:22,5	01:50,0	02:17,5	02:45,0	03:12,5	03:40,0	04:07,5	04:35,0	06:52,5	09:10,0	13:45,0	22:55,0
8,40	14,00	16,80	21,00	22,40	<b>28,00</b>	56,00	01:24,0	01:52,0	02:20,0	02:48,0	03:16,0	03:44,0	04:12,0	04:40,0	07:00,0	09:20,0	14:00,0	23:20,0
8,55	14,25	17,10	21,38	22,80	<b>28,50</b>	57,00	01:25,5	01:54,0	02:22,5	02:51,0	03:19,5	03:48,0	04:16,5	04:45,0	07:07,5	09:30,0	14:15,0	23:45,0
8,70	14,50	17,40	21,75	23,20	<b>29,00</b>	58,00	01:27,0	01:56,0	02:25,0	02:54,0	03:23,0	03:52,0	04:21,0	04:50,0	07:15,0	09:40,0	14:30,0	24:10,0
8,85	14,75	17,70	22,13	23,60	<b>29,50</b>	59,00	01:28,5	01:58,0	02:27,5	02:57,0	03:26,5	03:56,0	04:25,5	04:55,0	07:22,5	09:50,0	14:45,0	24:35,0
9,00	15,00	18,00	22,50	24,00	<b>30,00</b>	60,00	01:30,0	02:00,0	02:30,0	03:00,0	03:30,0	04:00,0	04:30,0	05:00,0	07:30,0	10:00,0	15:00,0	25:00,0